



Immerse yourself in the richness of Cuban culture, geography and history

Contribute to valuable local community permaculture projects and have an experience that you will never forget!

Discover how permaculture design can revolutionize the way we live in the tropics and in temperate zones



Registration Form

Are you interested in food security, urban agriculture or sustainability?
Are you a small-scale farmer, a new farmer, or a wannabe farmer?
Are you an aspiring permaculturalist or wanting to deepen your practise?
Are you an activist, organizer, educator, or someone who is longing for alternatives and concrete solutions to the current mess we are in?
Then join us for the experience of a lifetime!

Name

Address

Phone

Email

Registration Date

PROGRAM COST: CDN \$3150.00

Save \$300.00 by registering before October 20, 2015
FINAL REGISTRATION DEADLINE IS DECEMBER 31, 2015

NON-REFUNDABLE REGISTRATION DEPOSIT OF \$500 ENCLOSED.
BALANCE OF PAYMENT IS DUE NO LATER THAN JANUARY 15, 2016.
PAYMENT IS BY CHEQUE PAYABLE TO THE URBAN FARMER.

Payment by Interac E-Transfer to:
theurbanfarmer@shaw.ca

PLEASE MAIL REGISTRATION FORMS AND CHEQUES TO:

The Urban Farmer

6370 Oak Street Powell River BC,
CANADA V8A 4L9

REGISTRATIONS FORMS MAY ALSO BE SCANNED AND EMAILED TO:

theurbanfarmer@shaw.ca



FOR MORE INFORMATION CONTACT

Ron Berezan at +1 604 223-4800
theurbanfarmer@shaw.ca



A three week intensive course exploring permaculture for temperate and tropical zones.

★ FEBRUARY 8 - 29, 2016 ★



Earn your internationally recognized Permaculture Design Certificate (PDC)

Acquire the knowledge and skills to live a fuller AND more sustainable life

Be a part of the thriving permaculture movement in the heart of Cuba and work side by side with Cuban permaculture practioners





Cuba's quest for a sustainable future began with the collapse of the Eastern Block in the late 1980's. Faced with food and fuel shortages, Cuba responded by moving towards an organic and low in-put food system. Land reforms, including the development of a massive urban agriculture movement, provided thousands of Cubans with the opportunity to turn vacant land into productive organic micro-farms. With the support of Australian permaculture teachers, organizations like the Antonio Nunes Jimenez Foundation for Nature and Man (FANJ) have been able to train hundreds of Cubans in permaculture methods and create countless permaculture projects in both urban and rural areas.

This program offers you the unique opportunity to immerse yourself in Cuba's incredible permaculture movement while earning your Permaculture Design Certificate. Based on the recognized international curriculum, this course will take you on an adventure of over 96 hours of experiential learning including permaculture ethics and design principles, pattern literacy and ecological functioning, food production strategies from gardens to food forests, water and organic soils methods, fungi, plants and animals in permaculture design, natural building and appropriate technologies, "social permaculture" and so much more!

Our program begins in Varadero at a non-profit community centre dedicated to providing an alternative model to mainstream tourism in Cuba. Exploring foundational permaculture principles, we'll visit local permaculture-inspired small farms and community projects including the "Jardinas Bella Mar" – a remarkable new permaculture initiative on the edge of the city of

Matanzas where we will engage in workshops and hands-on activities with Cuban permaculturalists.

From Matanzas we will move to the city of Sancti Spiritus in central Cuba, one of the "hotbeds" of urban agriculture and permaculture in the country, experiencing directly numerous highly successful model urban permaculture farms and larger scale rural projects. The final 10 days of our program will be spent in Santiago de Cuba working with local community leaders and permaculturalists in the design and installation of a community permaculture site, putting into more direct practise the knowledge and skills we have been learning.

The program will be facilitated by Ron Berezan (The Urban Farmer) and Javan K. Bernakevitch (Permaculture BC), in partnership with the Lavastida Centre and the Antonio Nunez Jimenez Foundation in Cuba. Most of our sessions will be in English, some in Spanish (translated into English) and some will be in both languages.

Throughout the program, there will be ample time for reflection and dialogue, rest and rejuvenation, exploration of Cuba's rich natural and cultural beauty, and informal interactions with each other and our Cuban hosts. Accommodations will be simple but clean and very adequate. They will range from shared "dormitory" style rooms, to "Casa Particulares" (B&B's) to inexpensive hotels. Food will be based on the local Cuban diet and growing season with an emphasis on fresh fruits, vegetables, beans, rice, tubers, local meats and fish and other non-processed foods.

"Ron and Javan did an amazing job of leading this program. The warmth, resilience and innovativeness of the Cubans we met really blew me away and humbled me. I came away equipped with new ways of thinking, a big tool box of ideas and methods, and a network of amazing people that will inform and influence what will play out in my life."
 — Naomi De Ville, 2015



February 8 - 29, 2016
 (3 WEEKS – FINAL DATES TO BE CONFIRMED)

WHAT'S INCLUDED?

- Permaculture Design Certificate
- Program orientations and course materials
- Ground transportation in Cuba
- Food and accommodation (double occupancy) in Cuba
- Special Cuban Visa for "international cooperation"
- Translations, entry fees and honoraria
- Contributions to Cuban host organizations
- Material costs for permaculture installation projects

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WHAT'S NOT INCLUDED?

Flight, Passport, Medical insurance, Spending money in Cuba (incl. occasional meals out), Individual travel before or after the program dates.

NOTE

University or college course credit may be applicable.

PROGRAM LEADERSHIP - A PARTNERSHIP OF:

The Antonio Nunez Jimenez Foundation for Nature and Humanity

FANJ.ORG

From the early 1990's, FANJ has fostered an extensive permaculture movement throughout Cuba's cities and rural areas. To date, they have trained hundreds of permaculture "promoters" who in turn teach others and they have initiated many exciting community permaculture projects throughout the country. In November, 2014, FANJ hosted the International Permaculture Congress for over 500 permaculturalists from around the world.

The Lavastida Centre

Based in Santiago de Cuba, this ecumenical centre undertakes a wide range of community development, social justice, educational and environmental activities. For the past 4 years, they have been promoting permaculture as a participatory form of local change and self sufficiency for families and communities. They will be our host organization during our time in Santiago.

Ron Berezan, The Urban Farmer

THEURBANFARMER.CA

Ron has been a permaculture teacher and promoter of urban agriculture since 2004. He has taught hundreds of students in Canada and facilitated numerous community and private permaculture projects throughout the country. Over the past 8 years, Ron has taken over 250 people to Cuba for organic farm tours, permaculture internships, and experiential learning programs. He is a fluent Spanish speaker with a deep love of the Cuban people and their fascinating social experiment. Ron has cultivated a close working relationship with many Cuban organizations and was one of the instructors for the Permaculture Design Course at the International Permaculture Congress in Cuba in November 2013. Ron lives, gardens and frolics on Canada's west coast in Powell River, BC.

Javan K. Bernakevitch, Permaculture BC

PERMACULTUREBC.COM

Javan is a dynamic and creative leader in the west coast permaculture community. Well-versed in construction, natural building, environmental education, group facilitation, design and organic gardening, he offers a unique balance of content-focused education with student-centered learning. His recent accomplishments include several West Coast food forestry and earthworks projects and working with food forest guru Richard Walker on a food forestry handbook for Western Canada. Javan has studied with Geoff Lawton, Brad Lancaster, Paul Stamets and recently with Sepp Holzer at the Krameterhof in Austria. He received his Permaculture Instructors Certificate from Jude Hobbs of Cascadia Permaculture Institute and his Permaculture Design Certificate at O.U.R. Ecovillage. He actively teaches permaculture across Canada and the USA, designing and blistering his hands on many a tool and implement.